

VOIDING CYSTOURETHROGRAM (VCUG)

Patient: _____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic
1230 East Main Street, Mankato, MN 56001
Please enter the Mankato Clinic front door (marked #50)

Please check in at the Diagnostic Imaging Department.

If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a/an VCUG:

A VCUG uses fluoroscopy (moving x-rays) and contrast (x-ray dye) to visualize the flow of urine between your bladder and ureters.

Before the Exam:

- One hour prior to your test, avoid emptying your bladder.
- There are no dietary restrictions for this exam.
- If you think you could be pregnant, please notify your provider right away.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- If you wear a glucose monitor, you will be required to remove it prior to your scan for your own safety. If appropriate, you may request to have your scan scheduled to coordinate with the next replacement date of your monitor.
- To provide our best services and safety practices to you during your visit, we respectfully ask that young children do not attend parental appointments and we appreciate your understanding.

During the Exam:

- You will be asked to undress and a gown will be provided for you.
- You will be asked to lie on your back on the exam table.
- A catheter (narrow tube) will be placed through your urethra into your bladder.
- Your bladder will be filled with contrast.
- The radiologist will take images of your bladder until it is full.
- The catheter will be removed. More images will be taken while you are emptying your bladder on the exam table.

After the Exam:

- Drink plenty of water for the remainder of the day to minimize the risk of developing a urinary tract infection.
- It is common to experience a burning sensation the first time you urinate after your test. If this continues or becomes worse, you should contact your health care provider.
- Males may experience some minor bleeding after the tube is removed. If the bleeding continues or becomes worse, you should contact your health care provider immediately.
- Your test will be reviewed and read by a Radiologist.
- Your test results will be available in your patient portal immediately after your provider reviews them. Your provider will discuss the results with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.