

## 9 MONTHS TO 12 MONTHS

### EMERGING SKILLS DURING AGE RANGE

- Understands words for common items and people, for example: mom, cup, milk, cracker
- Understands simple commands, for example: no, come here
- Answers to their name
- Points and shows objects to others
- Uses gestures like waving and shaking their head “no”
- Imitates different sounds
- Increases the number of words they are saying as they reach 1 year of age
- Grasps objects with thumb and index finger to pick them up
- Bangs two toys together
- Clasps their hands together
- Crawls on their hands and knees
- Gets into sitting position alone
- Pulls themselves up to stand
- Puts toys in container and takes out to play
- Turns pages of a book
- Cruises along furniture
- Begins to use a spoon
- Stands alone for a few seconds
- Crawls up the stairs

### Developmental Toys & Activities

- Patty Cake or finger play songs
- Read books
- Place ball under torso while practicing crawling
- Piggy bank toy to put coin in and out
- Place toys on furniture to encourage cruising
- Musical books or touch/feel books
- Rattles, keys and other toys that shake and make noise
- Simple shape sorter to put in and manipulate blocks
- Offer simple spoon to encourage self-feeding
- Toys with buttons to push for sounds or lights