

6 MONTHS TO 9 MONTHS

EMERGING SKILLS DURING AGE RANGE

- Turns to look in the direction of new sounds
- Looks/follows someone pointing
- Babbles longer strings of sounds, for example: bababa or mamama
- Rolls from their back to their stomach
- Uses sounds and gestures to gain attention
- Attempts to imitate facial expressions and movements
- Starts to reach for objects while they are on their stomach
- Starts to sit without support
- Raking grasp to pick up small objects
- Transfers toys from one hand to the other
- While sitting, they reach for toys or items with one arm
- Sits well and tries to reach for toys or objects placed around them
- Transitions to solid foods and increases exploration of texture both to hands and mouth
- Turns self around to reach for toys while on their tummy
- Shakes objects up and down
- Holds two objects, one in each hand
- Moves from sitting to their tummy
- Pokes with their finger
- Belly crawls
- Rocks on all fours

Developmental Toys & Activities

- In/out container for play such as a shape sorter. Reinforce language when baby puts items “in” and “out”
- First word books that have simple items and words. Point at pictures and talk about each item
- Pop beads—help push them together and take apart
- Place toys on a surface that is eye level while sitting to encourage a more upright posture
- Play on the floor
- Make animal sounds
- Place motivating toy just out of reach when sitting. See if they will try to reach for it. They may need support in case they tip over.
- Poke-a-dot books
- Place motivating toy in front of baby to see if they start trying to crawl or move towards it.