

## 4 YEARS TO 5 YEARS

### EMERGING SKILLS DURING AGE RANGE

- Understands order words, for example first, next
- Understands time words, for example yesterday, today
- Follows longer directions, for example “put on your shoes, get your coat on, and go to the car”
- Produces all speech sounds, but may still make mistakes on harder sounds such as L, S, and R sounds
- Speech is 100% intelligible by all listeners
- Tells short stories
- Engages in conversation
- Shows hand preference
- Refines pencil grasp to mature grasp by using more of their finger tips
- Cuts following a line
- Spoon feeds themselves without spilling
- Kicks a ball with good form and direction
- Jumps forward two feet
- Alternates feet without support on the stairs
- Balances on a line with one foot in front of the other heel to toe
- Stands on one leg for 10 seconds
- Hops with one leg

### Developmental Toys & Activities

- Play pretend with them—dress up, kitchen, Barbie's
- Use good grammar when you're talking to them, for example instead of “Mommy wants you to come here.” say, “I want you to come here.”
- Ask questions about stories as you read them
- Create an obstacle course out of chalk that encourages jumping, standing on one leg, walking in a line, etc.
- Coloring pages of more complex pictures
- Multiple step craft projects (Color, cut, glue)
- Practice writing their name in different textures such as Play-Doh, shaving cream, or kinetic sand.
- Play outside: Run, jump, swing
- Legos and Magnatiles
- Board games
- Simple chores at home