

## **12 MONTHS TO 18 MONTHS**

## EMERGING SKILLS DURING AGE RANGE

- □ Scribbles
- Participates in dressing and undressing
- $\hfill\square$  Tolerates all textures to both hands and mouth with eating foods
- $\hfill\square$  Completes a shape sorter toy
- Points to some body parts
- □ Follows 1-step directions
- $\hfill\square$  On average, is using 1-10+ words
- $\hfill\square$  Uses a variety of sounds, for example: p, b, m, h
- □ Babbles 2 syllables together, for example: baba, mama
- □ Takes turns vocalizing back and forth
- $\hfill\square$  Begins to walk with limited support
- $\hfill\square$  Uses a fork and a spoon while eating
- Fills and dumps containers
- $\hfill\square$  Drinks well from a cup
- $\hfill\square$  Takes off socks and mittens
- Can attend for 5-10 minutes to a structured activity, for example reading a story
- □ Responds to simple questions like "Where's your cup?"
- Points to pictures in a book when you name them
- □ Asks questions like "what's that?"
- Demonstrates functional play, for example: stacking blocks, driving car
- □ Is able to play with two objects together, for example: pretending to scoop with a spoon and a bowl
- □ Uses gestures including: waving bye, clapping
- $\hfill\square$  Walks independently without support

## → For more information visit www.mankatoclinic.com/pediatric-therapy-services MC2968 (05/22)

## **Developmental Toys & Activities**

- $\rightarrow$  Play with blocks and shape sorters
- → Talk about what you're doing
- → Read with them. Have them turn the pages and take turns labeling pictures throughout the book
- → Build on things your child is communicating, for example if they say "cow", you could say "the cow says moo"
- $\rightarrow$  Bubbles
- $\rightarrow$  Riding toys
- $\rightarrow$  Simple chunky shape or animal puzzles
- $\rightarrow$  Chunky pop beads
- $\rightarrow$  Chunky beads to string
- $\rightarrow$  Stacking toys
- → Wave and say bye as you throw things away, or put items into a container