



## LIMITED or FOLLOWUP OBSTETRICAL ULTRASOUND

Patient: \_\_\_\_\_ Appointment Date: \_\_\_\_\_

Appointment Time: \_\_\_\_\_ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic  
1230 East Main Street, Mankato, MN 56001  
Please enter the Mankato Clinic front door (marked #50)

### **Please check in at the Diagnostic Imaging Department.**

If you are unable to keep your appointment or have questions, please call (507) 389-8570.

### **What is a Limited or Follow up Obstetrical Ultrasound?**

A limited or follow up obstetrical ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of your baby as well as the organs within your pelvis.

### **How do I prepare for the test:**

- There are no dietary restrictions for this test.
- Arriving late may result in rescheduling your test.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- **In order to provide focused and dedicated patient care, only one adult will be permitted to view the ultrasound with the mother at a time.**
- To provide our best services and safety practices for you during your visit, we ask that young children do not attend parental appointments without supervision and appreciate your understanding. However, if another adult is also in attendance and they are able to supervise your children, we will do our best to accommodate. If there is too much distraction, the Sonographer may need to ask guests to leave the room.

### **What will happen during the test:**

- You may be asked to undress. A gown will be provided.
- You will be asked to lie on a bed.
- Warm gel will be placed on your abdomen and pelvic.
- A transducer will be moved around on your abdomen and pelvic area during the test.
- The sonographer will take several images.
- It may also be necessary to use an endovaginal probe. This requires the insertion of an ultrasound probe into your vagina and may be used to better evaluate your cervix or other internal pelvic structures. The sonographer will allow you to empty your bladder before the endovaginal part of the test.
- This test may take approximately 15-45 minutes to complete for each fetus, depending on what your provider is requesting.

### **Instructions for after your test:**

- You may resume your regular routine unless you have been given other instructions.
- The final signed report will be sent to the provider that ordered your test.
- Your test results will be available in your patient portal immediately after your provider reviews them. Your provider will discuss the results with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.