



2ND/3RD TRIMESTER OBSTETRIC ULTRASOUND

Patient: _____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic
1230 East Main Street, Mankato, MN 56001
Please enter the Mankato Clinic front door (marked #50)

Please check in at the Diagnostic Imaging Department.

If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is an Obstetric Ultrasound?

An obstetric ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of your baby as well as the organs within your pelvis.

How do I prepare for the test:

- There are no dietary restrictions for this test.
- Arriving late may result in rescheduling your test.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- If you would like to find out your baby's gender, we recommend that your ultrasound be scheduled when you are 20-22 weeks pregnant. Please note that we can't guarantee 100 percent accuracy of the gender, and factors that affect the ability to determine the baby's gender include: the baby being too small, mother's size, baby's movement, amount of fluid around the baby, or the baby's position at the time of the test.
- **To provide focused and dedicated patient care, only one adult is allowed to view the ultrasound with the mother at a time. If you would like additional adults involved in this experience, please have them arrive for the last half hour of your test. They will be able to join you for the last few minutes after the required medical documentation is complete.**
- To provide our best services and safety practices for you during your visit, we ask that young children do not attend parental appointments without supervision and appreciate your understanding. However, if another adult is also in attendance and they are able to supervise your children, we will do our best to accommodate. If there is too much distraction, the Sonographer may need to ask guests to leave the room.

What will happen during the test:

- You will be asked to undress. A gown will be provided.
- You will be asked to lie on a bed.
- Warm gel will be placed on your abdomen and pelvic area.
- A transducer will be moved around on your abdomen and pelvic area during the test.
- The sonographer will take 80 plus images per baby in order to thoroughly evaluate your pregnancy and baby's well-being.
- It may also be necessary to use an endovaginal probe. This requires the insertion of an ultrasound probe into your vagina to see certain internal pelvic structures. The sonographer will allow you to empty your bladder before this part of your test.
- Depending on the baby's position and when time permits, the sonographer will point out and obtain keepsake photos for you to take home.
- This test may take up to 60 minutes to complete for each fetus.

Instructions for after your test:

- You may resume your regular routine unless you have been given other instructions.
- The final signed report will be sent to the provider that ordered your test.
- Your test results will be available in your patient portal immediately after your provider reviews them. Your provider will discuss the results with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.