

## MRI PROSTATE

Patient: \_\_\_\_\_ Appointment Date: \_\_\_\_\_

Scan Time: \_\_\_\_\_ am/pm

Location: Cardiology/Nuclear Medicine Department 1<sup>st</sup> floor at Mankato Clinic  
1230 East Main Street Mankato, MN 56001  
Please enter the Mankato Clinic front door (marked #50)

### **Please check in at the Cardiology/Nuclear Medicine desk.**

**If you are scheduled for a MRI after 5 p.m. or on a weekend, please enter the Door marked #49, 1<sup>st</sup> level, check in at the Urgent Care desk.**

If you are unable to keep your appointment or have questions, please call (507) 389-8637.

### **What is a Prostate MRI?**

A prostate MRI uses strong magnetic fields to acquire images of your prostate. There is no radiation associated with an MRI exam.

### **How do I prepare for the test:**

- Before scheduling your test, please tell your provider if you have any of the following: cardiac pacemaker, brain aneurysm clips, cochlear/inner/middle ear implants, bullet or shrapnel wounds, injury to the eye involving metallic object or foreign body.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- Please wear loose, comfortable, cotton clothing, free of zippers, buttons or other metallic devices.
- You will need to remove all metal objects, nail polish and make-up prior to your exam. If you have dentures you will be asked to remove them for the exam.
- You will need to remove all piercings including dermal piercings prior to your exam.
- If you wear a glucose monitor, you will be required to remove it prior to your scan for your own safety. If appropriate, you may request to have your scan scheduled to coordinate with the next replacement date of your monitor.
- To provide the best service and ensure your safety, young unsupervised children should not accompany parents to their MRI appointments. Safety practices require that only the patient is allowed in the scan room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you can relax during the test which will result in better image outcomes.
- It is extremely important to know that stool and gas in the rectum can cause the test to be unreadable, which may require you to return for a repeat test.
- 24 hrs prior to your test, take Ex-Lax as directed on the box in order to reduce the likelihood of having this test repeated.
- Do not eat anything 6 hours prior to your appointment. You may have any of the following liquids up to your arrival time: juice, coffee, water, tea or pop/soda.
- If your provider has prescribed oral sedation with your exam, you will need a driver to accompany you to and from your exam.

### **What will happen during the test:**

- Prior to being taken into the MRI scanner, the MRI safety screening form will be reviewed and signed by you and the MRI technologist.
- Prior to the test, please try to empty all stool and expel gas.
- You will be asked to change into a gown and remove all magnetic items.
- You will be asked to lie on the scanning table. A special coil will be positioned close to the area of your body being examined.
- Once your MRI test begins, you will hear rapidly repeating thumping noises come from the walls of the scanner. You will be given hearing protection to quiet the noise.
- It is very important to avoid movement.
- Your exam will take approximately 60 minutes to complete.

### **Instructions for after your test:**

- Your test will be reviewed and read by a Radiologist.
- The final signed report will be sent to the provider that ordered your test.
- Your results will be shared with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.