



Mankato Clinic

Physical Therapy



Jessica Lawrence, PT, DPT



Kristin Lingen, PT, DPT

Physical therapy treats a wide array of conditions aside from the typical things you think of when you hear physical therapy. Our Mankato Clinic physical therapists also treat these conditions:

- Stress incontinence (leaking of urine)
- Urge incontinence (leaking of urine)
- Prolapse
- Constipation
- Urinary or bowel urgency
- Urinary frequency
- Pelvic pain
- Coccydynia (tailbone pain)
- Dyspareunia (pain with intercourse)
- Pain associated with polycystic ovarian syndrome
- Pain associated with endometriosis
- Pain associated with interstitial cystitis
- Pudendal neuralgia (burning, tingling, numbness)
- Pregnancy pain (low back, SI, pelvic pain, hip, pubic symphysis)
- Postpartum pain (low back, SI, pelvic, hip pain, C-section scar tissue, diastasis recti)

If you are experiencing any of these symptoms, please contact your primary care provider for a referral to our Physical Therapy Department. Mankato Clinic Physical Therapy, Main Street Clinic, can be reached at 507-389-8760 or visit www.mankatoclinic.com/physical-therapy