

INTRAVENOUS PYELOGRAM (IVP)

Patient: _____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic
1230 East Main Street, Mankato, MN 56001
Please enter the Mankato Clinic front door (marked #50)

Please check in at the Diagnostic Imaging Department.

If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a/an Intravenous Pyelogram (IVP):

This test will evaluate your kidneys, ureters and bladder using x-ray imaging with IV contrast injected into a vein in your arm.

How do I prepare for the test:

- **Begin a clear liquid diet. No solid food.** Drink only clear liquids for breakfast, lunch and dinner. Medications may be taken with sips of water. Clear liquids may be taken in moderate amounts until three hours before the test.
- Clear liquids allowed include:
 - Apple, grape and cranberry juice
 - Gummy bears
 - Fruit sports drinks
 - Popsicles
 - Water
 - Plain Jell-O
 - Fruit juice without pulp
 - Bouillon
- It is important that you drink a variety of clear liquid beverages with calories to prevent dehydration.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- If you wear a glucose monitor, you will be required to remove it prior to your scan for your own safety. If appropriate, you may request to have your scan scheduled to coordinate with the next replacement date of your monitor.
- To provide our best services and safety practices to you during your visit, we respectfully ask that young children do not attend parental appointments and we appreciate your understanding.

What will happen during the test:

- You will be asked to undress and a gown will be provided to you. You will also be asked to empty your bladder before the test.
- You will be asked to lie on your back on the exam table.
- An IV will be inserted in your arm and contrast will be injected through the IV.
- A series of images will be taken. They will be reviewed by a radiologist to determine if additional images are needed.
- When the series of images is completed, you will be asked to go to the restroom to completely empty your bladder. Then one or two more images will be taken to complete your test.

Instructions for after your test:

- The contrast will be eliminated through your urine, and should not discolor the urine or stool.
- You can resume your diet immediately after the test, unless told otherwise by your provider.
- Your test will be reviewed and read by a Radiologist.
- Your test results will be available in your patient portal immediately after your provider reviews them. Your provider will discuss the results with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.