

FOLLICLE ULTRASOUND

Patient: _____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic
1230 East Main Street, Mankato, MN 56001
Please enter the Mankato Clinic front door (marked #50)

Please check in at the Diagnostic Imaging Department.

If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a Follicle Ultrasound?

A follicle ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of the organs within your pelvis. This test is being done to evaluate the uterus and ovaries for fertility testing.

How do I prepare for the test:

- There are no dietary restrictions for this test.
- To provide the best service and ensure your safety, young unsupervised children should not accompany parents to their Ultrasound appointments. Safety practices limit the number of people in the testing room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you can relax during the test which will result in better image outcomes.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- Arriving late, may result in rescheduling your test.

What will happen during the test:

- You may be asked to undress. A gown will be provided.
- You will be asked to lie on a bed.
- This test may take approximately 15 minutes to complete.
- An endovaginal probe will be used to image the uterus and ovaries and document any ovarian follicles. This requires the insertion of an ultrasound probe into your vagina. The sonographer will have you empty your bladder before the probe is inserted.
- The sonographer will take several images.

Instructions for after your test:

- You may resume your regular routine unless you have been given other instructions.
- Your test will be reviewed and read by a Radiologist within the next 2 hours.
- The final signed report will be sent to the provider that ordered your test.
- Your test results will be available in your patient portal immediately after your provider reviews them. Your provider will discuss the results with you at your follow-up appointment. If you do not have a follow-up appointment, your provider will contact you by letter or phone within five to seven business days.