BREAST / AXILLA ULTRASOUND

Patient:_____ Appointment Date: _____

Appointment Time: _____ am/pm

Location: Diagnostic Imaging Department, lower level at Mankato Clinic
              1230 East Main Street, Mankato, MN 56001
              Please enter the Mankato Clinic front door (marked #50)

Please check in at the Diagnostic Imaging Department.
If you are unable to keep your appointment or have questions, please call (507) 389-8570.

What is a Breast Ultrasound?
A breast or axilla ultrasound uses sound waves, not radiation, and an instrument called a transducer to obtain images of the breast tissue.

How do I prepare for the test:
- There are no dietary restrictions for this exam.
- To provide the best service and ensure your safety, young unsupervised children should not accompany parents to their Ultrasound appointments. Safety practices limit the number of people in the testing room and young children are not to be left unsupervised while in the waiting room or lobby. This will also ensure you can relax during the test which will result in better image outcomes.
- We recommend that you contact your insurance company prior to your appointment to understand what your coverage is for this test.
- Arriving late may result in rescheduling your exam.

What will happen during the test:
- You will be asked to undress. A gown will be provided.
- You will be asked to lie on a bed.
- This test will take 30-60 minutes to complete, depending on whether one or both breasts/axillary regions are imaged.
- Warm gel will be placed on your breast or axilla region.
- A transducer will be placed on your breast or axilla and moved around during the test.
- The sonographer will take several images.
- The results of the ultrasound will be discussed with you immediately following the exam by the sonographer, the breast health nurse and/or the radiologist.

Instructions for after your test:
- You may resume your regular routine unless you have been given other instructions.
- The final signed report will be sent to the provider that ordered your test.